







ALYTUS sport and recreation





ALYTUS is the largest southern town of Lithuania. 16 km of the loop of Nemunas with picturesque forests, green hills surrounds Alytus. Alytus is a town in a park. More than a third of the territory of the city is covered with green areas.

Alytus is known as one of the sports tourism attraction centers of Lithuania. Every year different national and international sports events are organized here. The town hosted one of the stages of the 2011 FIBA European Men Basketball Championship, 2013 UEFA European U-19 Championship matches, European U-17 Championship matches. In 2011, Alytus was declared the top sports town of Lithuania. Alytus men handball (Almeida-Stronglasas), basketball (Dzūkija), football (Dainava) teams play in the premier sports leagues of Lithuania, men (ASRC-Almeida-Stronglasas), women handball (ASRC-Margiris), women basketball (Alytus RKL) teams play in the first leagues of the country.

Sport is becoming a more and more important recreational activity; therefore it is the focus of Alytus city municipality. Residents of the town, including students, are able to choose one of 20 sports in the Sports and Recreation Center or participate in the activities of 65 sports clubs and public organizations.

New objects of sports infrastructure allowing the residents and guests of the town to be active during their free-time are reconstructed or constructed every year. The reconstructed Sports and Recreation Center arena is suitable for international tournaments of the highest level. The renovated center also has a 50 meter 8 lane swimming pool. The reconstructed stadium for football and track and field athletics also offers high quality tennis courts. Fans of active recreation can use bicycle paths built through the whole town and on the bank of the Nemunas by Alytus city municipality. Riding through the town and along the banks of the Nemunas, you can enjoy the nature, the flow of the Nemunas and see the still standing objects from the past. The stadiums and sports halls of Alytus schools are suitable for playing football, basketball, volleyball, handball, table tennis, etc.

It is intended to continue extensive reconstruction, modernization and development of the sports and recreational infrastructure in the town.









PUBLIC INSTITUTION ALYTUS SPORTS AND RECREATION CENTER

Naujoji g. 52, LT-62381 Alytus

Tel.: +370 315 37 622, +370 315 24 879

Fax +370 315 37 622 E-mail: centras@asrc.lt

www.asrc.lt

The Alytus Sports Palace was opened in 1977. In 2004 after merging Public institution Alytus stadium (Alytaus stadionas) and Alytus Sports Palace Public institution Alytus Sports and Recreation Center was established, and in 2005 Public institution Alytus Sports School (Alytaus sporto mokykla) was attached. The objective of the institution is to promote self-expression of children and youths through sport, provide recreational services to the residents, create conditions for sports. The institution employs more than 60 coaches and its activities involve nearly 2200 sportsmen, who participate in kayak and canoe rowing, boxing, cycling, judo, football, shooting, basketball, tennis, field and track athletics, orienteering, swimming, handball, table tennis, weightlifting, chess, volleyball, water-polo, freestyle wrestling, competitive ballroom dancing training. The center organizes training, sports camps for different sports, leases premises.













Sports Palace

Naujoji g. 52, LT-62381 Alytus Tel.: +370 315 37 622, +370 315 24 879 www.asrc.lt

It is a 22000 m² multifunctional entertainment and sports complex, the only of its kind in the country at the moment. It houses sport halls and a swimming pool meeting international standards. The sports palace reconstructed in 2011 is equipped to host international tournaments of the highest level. It hosted one of the stages of the 2011 FIBA European Men Basketball Championship.

The Palace has:

- a 1800 m² (60 x 60 m) sports hall for sports and cultural events. It can hold basketball, handball, futsal, with appropriate covering laid wrestling, competitive, ballroom dance classes, cultural events. The hall can hold over 5 thousand people. 10 changing rooms with showers are located by the hall.
- A closed 938 m² (12 x 78 m) track and field athletics (small) hall. The hall has two non-standard 160 meter running tracks and six 60 m running tracks, hurdles, starting blocks, equipment for gymnastics, a sector for high jumps, tennis courts. It can hold competitions of local importance.
- The 250 m² shooting-range for pneumatic weapons is the largest in Lithuania. It has 18 stations, electronic scoring equipment.
- Martial arts (aikido) hall (120 m²).
- Weightlifting hall (300 m²). Can hold local competitions.
- Dance studio Alemana 200 m² hall. May be used as a conference hall.
- Body building and training equipment club Margiris (273 m²).
- Meeting and conference hall (for 40–80 persons).
- Kinesitherapy room.
- The Sports Palace has a cafe that can serve 40 people.

The swimming pool of Alytus Sports and Recreation Center

Naujoji g. 52, LT-62381 Alytus Tel./fax +370 315 77 163

The swimming pool renovated in 2010 meets international and Olympic standards. It hosts various international and national swimming, pentathlon, water-polo, canupolo tournaments, it can be used for training not only by the sportsmen from Alytus, but also by teams from other countries, residents and guests of the town. Sports training camps are held there.

The swimming pool (1500 m²) has:

- Eight 50 m lanes.
- Modern electronic swimming and water-polo competition management equipment.
- A modern 84 m² sauna complex (steam, infrared baths and a sauna).
- A medical room.
- A small swimming pool with a steam bath and two baths: a vertical bath with two lifts, a cascade and underwater massage, and a bubble bath for 4 persons.

Sports base of Public institution Alytus Sports and Recreation Center

A. Matučio g. 14, LT-62142 Alytus Tel. +370 315 52 941

The base has:

- An 1200 m² artificial grass football field (30 x 40 m).
- Judo hall (17 x 29 m, height 8 m), which holds national and international tournaments and classes. This hall is one of the largest in Lithuania. There are three tatamis.
- Sports hall (23 x 11 m; height 5.8 m).
- Boxing hall (87 m²) holds classes.
- 7 separate changing rooms; 4 shower stalls.













Stadium of Public institution Alytus Sports and Recreation Center

Birutės g. 5, LT-62151 Alytus Tel. +370 315 75 490

The stadium reconstructed in 2010 has new stands with all engineering networks. It has rain water collection equipment, natural stadium cover, automatic grass watering system, modern powerful spotlights. The stadium hosted international UEFA European U-19 Football Championship matches, European U-17 Football Championship selection matches, European Youth Rugby Regional Cup matches, matches organized by LFF, traditional events of the town. The football field is actively used by Alytus men football team Dainava.

The stadium has:

- football field with natural grass. The size of the field is 105 x 69 m. It holds national and international tournaments.
- Two stands. 1740 seats in the east stand, 1986 seats in the west stand (with a roof).
- Auxiliary premises: changing rooms for players, referees, commissioner, delegates, VIP room, a conference hall, a medical room, doping facilities.
- 4 tennis courts with hard cover, illuminated.
- Field and track athletics sectors for the high jump, long jump, hammer and discus with a modern tableau.
- 7 tracks with covering meeting international requirements.
- The stadium is fenced. There is a small parking lot.

OTHER SPORTS FACILITIES

Public institution Alytus Medical Rehabilitation and Sports Center

Pramonės g. 9, LT-62175 Alytus Tel. +370 315 77 440 E-mail: amrc.administracija@zebra.lt www.reabilitslauga.lt

The gym and sports halls as well as the swimming pool of the Medical Rehabilitation and Sports Center complex provide excellent conditions for training of various sports teams. It is well suited for educational training basketball and volleyball sports camps. Lease, accommodation (5 double rooms with amenities), catering, medical rehabilitation and relaxation services.

The center has:

- a large sports hall (36 x 18 m). It holds basketball classes.
- a small sports hall (24 x 16 m). The hall holds basket-ball, futsal, volleyball classes.
- a swimming pool (length 25 m, width 6 m, 3 lanes), a small underwater stream swimming pool.
- Sauna (8 persons).
- Gym (41 m²).
- A conference hall with conference equipment (for 40 persons).
- Ballroom hall (for 30 persons).
- Consultations of professional medics and all health procedures (kinesitherapy, physiotherapy, hydrotherapy, curative massages, balneology, health and wellness procedures).













Volleyball sports center Alytus Adult and Youth School

Miklusėnų g. 36, LT-62333 Alytus Tel./fax +370 315 77 409 Tel. +370 657 43 141 E-mail: ajsm@jaunimas.alytus.lm.lt

The volleyball center opened in 2013 has:

- a sports hall (600 m²) with volleyball and basketball tableaus. The hall may be transformed into two basketball and two volleyball training halls. The flooring is natural ash.
- Holds 365 spectators.
- 2 changing rooms, 16 showers.
- Gym (57 m²).
- 2 teacher-coach rooms, premises for inventory.

A special access to the sports center is equipped for the handicapped, there is an elevator. The center also has an alternative energy system – sunlight collectors – used for heating water, a conditioning, ventilation and heating system. LED illumination system.

Table tennis sports center Alytus St. Benedict gymnasium

Topolių g. 19A, LT-63331Alytus Tel. +370 315 74 919 E-mail: kg@benediktas.alytus.lm.lt

The center has 6 table tennis tables, changing rooms, premises for referees and coaches. There is a separate entrance to the tennis sports center.

The sports base of Alytus vocational training center

Putinų g. 40, LT-62175 Alytus Tel. +370 315 77 979 E-mail: alytusprc@aprc.lt

The sports base holds regional and national sports events for the handicapped.

The sports base has:

- a sports hall (30 x 18 m) with parquet, tableau. The hall is suitable for basketball and volleyball tournaments of city, county, national level.
- a stadium (105 x 90 m). A football field (90 x 70 m) with grass. The stadium is suitable for games of city and county level.

The center can provide accommodation services in the training hotel (17 rooms, for 70 persons), catering.

Handball sports center Alytus Adolfas Ramanauskas-Vanagas gymnasium

Birutės g. 2, LT-62151 Alytus Tel./fax +370 315 51 931 E-mail: mokykla@vanagas.alytus.lm.lt

It is the largest sports hall (36 x 18 m) in Alytus educational establishments. It holds not only PT classes, but the facilities are also used for training by the youth handball teams, various games. The hall can be used for training and for games by basketball teams.













Alytus aero-club

Miškininkų g. 3, LT-62200 Alytus Tel. +370 687 32 889 www.aeroalytus.lt E-mail: aero@aeroalytus.lt

Installation of Alytus Airfield was launched in 1939. In 1944, the airfield served as a basis and starting point for battle to Normandie-Niemen French aviation regiment. There is a memorial stone dedicated to the legendary Normandie-Niemen French regiment, and in 2004, a stele was opened in the memory of a French pilot Roger Sauvage.

The airfield includes a 750-meter long and 60-meter wide runway, sites for aircraft, and two sheds for planes. The airfield hosts sports tournaments, events of culture and sports.

Alytus Aero Club was founded in 1959. The aero club offers flights by gliders, acrobatic planes, helicopters and paragliders. The club includes school of air modellers, and children gliding school. There are courses for pilots, gliders, and acrobatic pilots.

The club provides the following services:

- Acrobatic flying;
- Site-seeing entertainment flights;
- Site-seeing entertainment by gliders;
- Pilot training.

Artificial cover football field by Alytus Dainava main school

Vilties g. 12, LT-63202 Alytus Tel. +370 315 73 175 E-mail: dainmok@dainava.alytus.lm.lt

The football field meeting the international standards of the Football Federation started operation in 2013 and is suitable for training and League I Lithuanian championship games. It has changing rooms, facilities for referees and coaches. The field is fenced.

Football field by Alytus children's home

A. Juozapavičiaus g. 33, LT-62265 Alytus Tel./fax +370 315 79 852 E-mail: alytusvgn@zebra.lt

The football field with natural grass (59 x 36 m) reconstructed in 2010, artificial grass field (40 x 24 m), two goal posts (2 x 5 m), seats with a protective roof for football teams were constructed. The sports field is fenced; it is equipped with ball catching nets.

Sports field by Alytus Volungė main school

Volungės g. 2, LT-63181 Alytus Tel./fax +370 315 71 817 E-mail: mokykla@volunge.alytus.lm.lt

The artificial cover sports field (1000 m²) was opened in 2009. It is suitable for basketball, volleyball, tennis, dodgeball, other physical training exercises. The field is fenced, illuminated.







OTHER OFFERS FOR SPORTS CAMPS







Daugai rowing baseAlytus District Art and Sports School

Kalvų g. 15, Salos k., Daugų sen., LT-64136 Alytaus r. Tel.: +370 315 69 395. +370 612 77 423

The rowing base renovated in 2012 is situated by Daugai (Didžiulis) Lake, where rowing competitions and training take place. The base has:

- basketball, beach volleyball courts, playgrounds;
- guests houses for 25 persons (11 double and 3 single rooms);
- a conference hall (up to 50 persons);
- a sauna;
- a modern renovated boathouse;
- services of sailing Viking ships.

The territory is illuminated, there is a parking lot. The finish tower has been renovated.

Daugai technology and business school

Ežero g. 30, Daugai, LT-64137 Alytaus r. Tel. +370 315 72 790

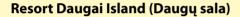
Basketball, judo, football, field hockey and other sports camps are organized. Accommodation for groups (rooms for 2 and 3 persons, 200 persons in total) and catering services. The school has:

- a stadium with a football field:
- an outdoor basketball court:
- 2 sports halls, table tennis;
- a conference hall for 50 persons;
- a sauna on the bank of the lake. There is a beach nearby where it is possible to rent catamarans.

Daugai Vladas Mironas gymnasium

Pergalès g. 2, Daugai, LT-64140 Alytaus r. Tel. +370 315 69 104

It is possible to organize basketball, football, volleyball, table tennis and other camps. Lease of premises, accommodation services (15 rooms without amenities, for 50 persons). Additional services upon request.



Maironio g. 85, Salos k., Daugų sen., LT-64141 Alytaus r. Tel. +370 687 39 416

The resort is on a lake. Sports camps can be organized here. Suitable for events for up to 2000 people. Room for 167 persons, basketball, tennis, football, beach volleyball courts, boats, sauna.

Veisiejai technology and business school

Kailinių k., Veisiejų sen., LT-67340 Lazdijų r. sav. Tel. +370 318 56 579

Sports camps are organized. There is a sports hall, a gym, a stadium with natural grass, a universal artificial cover field for playing basketball, handball, tennis, volleyball and mini football. Accommodation (150 persons), catering services.







SPORTS CLUBS AND FREE TIME







Alytus autoclub

Statybininkų g. 21-18, LT-63409 Alytus Tel. +370 315 71 000 www.alytausautoklubas.lt

Alytus orienteering sports club Dainava

A. Matučio g. 14, LT-62142 Alytus Tel. +370 612 99 041 www.okdainava.lt

Association Margiris Sports and Recreation Club

Naujoji g. 52, LT-62381 Alytus Tel. +370 609 93 351 www.marqiris.com

Sports and wellness club Šaulė

Ugniagesių g. 8, LT-62137 Alytus Tel. +370 676 41 109 www.gita-club.lt

Sports club Žalgiris

Ūdrijos g. 2A, LT-62412 Alytus Tel. +370 315 21 223 www.zalgirisgym.lt

Nordic Walking Association Alytus Nordic Walking Club

Tel.: +370 698 36 167, +370 698 25 069 www.eiksiaurietiskai.lt

Archer club Green bow (Žaliasis lankas)

Tel. +370 620 54 145 www.zaliasislankas.lt

Paintball, shooting, self-defense Public institution LT IMPERATOR

Tel. +370 687 30 307 http://imperator.lt

Bowling, billiards

Bar Black Cat (Juoda katė)

Jaunimo g. 22, LT-63351 Alytus Tel. +370 686 00 113

Billiards Club 9

Vilniaus g. 6, LT-62112 Alytus Tel. +370 600 69 562

Rent of boats, rafts and kayaks

Rowing club Srautas, tel. +370 616 46 618

Club Dzūkijos vandenis, tel. +370 686 02 052, www.dzukijosvandenis.lt

A. and L. Bagdanavičiai, tel. +370 698 80 611

G. Tacionis, tel. +370 687 58 089

S. Guzevičius, tel. +370 611 30 305

Tourism club Dzūkijos vingis, *tel.* +370 650 26 788, *www.dzukijosvingis.lt*

Entertaining rafting in Daugai Lake, tel. +370 612 74 072

Rent and repairs of bicycles

Bicycle shop

Sudvajų g. 37, LT-63320Alytus Tel. +370 673 47 779 www.dviraciuremontas.lt

Shop Dviratis plius

Naujoji g. 54, LT-62382 Alytus Tel. +370 315 36 923 www.dviratisplius.lt

Indoor carting

Pramonės g. 21, LT-62175 Alytus Tel.: +370 687 11 751, +370 656 14 922 www.kartingai.net













Revai horse farm

Tel. +370 615 70 543

Tel. +370 688 86 260 www.zirgupramogos.irmas.lt

Hot air balloons Nemunaitis balloonist club Tel. +370 611 20 911 Pocelonys balloonist club

Association Panemunės dzūkai

Kauno g. 3, Punios k., LT-64401 Alytaus r. Tel. +370 687 99 594

Rides with coach, carriage, sleigh, conventional and electric bikes, guided trips on foot using Nordic walking poles.

Adventure park Tarzanija

Radžiūnų k., Alytaus sen., LT-62181 Alytaus r. Tel. +370 671 80 500 www.tarzanija.lt

Tarzanija is one of the largest adventure parks not only in Lithuania but in the whole Baltic region. It is situated in a 13 hectare area in a picturesque location on the bank of the Nemunas, in Alytus District, near to Radžiūnai piliakalnio (2 km from Alytus on foot, 7 km from the center of the town by car).

The park offers 7 courses of various difficulties for adults and teens and one special course for children from 3 to 7 years of age. The adventure park has a Wild Rollercoaster – four courses for riding down the hill using special wheels both in winter and summer. Here you can ride horses and ponies, enjoy yourselves in arbours. In winter you can enjoy a skating ring with a skate rent point.

ACCOMMODATION SERVICES

Hotel "Dzūkija"**

Pulko g. 14, LT-62133 Alytus Tel. +370 315 52 002 www.hoteldzukija.lt

Hotel "Odė"***

Naujoji g. 8C, LT-63249 Alytus Tel. +370 315 32 929 www.ode.lt

Hotel "Senas namas"***

Užuolankos g. 24, LT-62111 Alytus Tel. +370 315 53 489 www.senasnamas.lt

Hotel "Vaidila"***

Rotušės a. 12, LT-62141 Alytus Tel. +370 315 56 188 www.vaidila.lt

Motel "Linas"

Seirijų g. 27, LT-62116 Alytus Tel. +370 682 65 950 www.motelislinas.lt

Guesthouse "Bičiulis"**

(Alytus Medical Rehabilitation and Sports Center) Pramonės g. 9, LT-62175 Alytus Tel. +370 315 77 440 www.reabilitslauqa.lt

Guesthouse "Šolena"

Rato g. 7A, LT-62121 Alytus Tel. +370 682 49 202 www.solena.lt

Bed & Breakfast

Suvalkų g. 53, LT-62121 Alytus Tel. +370 601 05 393

Rent of apartments in Alytus

Vilniaus g. 18, LT-62112 Alytus Tel. +370 675 04 901

Rent of rooms

Gilių g. 9, LT-62104 Alytus Tel. +370 698 76 294

Rent of rooms Ulonų užeiga

Ulonų g. 31, LT-62161 Alytus Tel. +370 609 72 121

Rent of rooms Hostel of Alytus College

Studentų g. 14, LT-62256 Alytus Tel. +370 676 41 033

Rent of rooms (for groups) Daugai rowing base

Kalvų g. 15, Salos k., Daugų sen., LT-64136 Alytaus r. Tel.: +370 315 69 395. +370 612 77 423

Rent of rooms Alytus Vocational Training Center hostel

A. Jonyno g. 12, LT-62373 Alytus Tel.: +370 616 34 953, +370 315 77 979

Rent of rooms (for groups) Public institution Daugai technology and business school

Jaunystės g. 2, Daugai, LT-64138 Alytaus r. Tel. +370 315 72 790

RECREATIONAL TERRITORIES







There are over 22 km of **bicycle paths** in Alytus. The Health Path running along the whole town that cyclists and people on foot love was built on the embankment built for the railway in the 19th century, the height of which is over 20 meters in some places. The bicycle path along the banks of the Nemunas is 6 km long (starts in A. Baranausko g., by the former railway and ends in Alytus wood) allows you to enjoy the picturesque banks of the Nemunas and the paths of Alytus wood. You can not only enjoy the nature during the ride but also see the rapid Nemunas and the remaining objects from the past. The bicycle and pedestrian paths are also built in Kurortas and Jaunimas parks, residential areas. The network of paths is developed, a 240 m bicycle and pedestrian bridge over the Nemunas which will connect the mound and Alytus I and the old town is built.

Jaunimas park was established in 1984. A group of sculptors, headed by N. Nasvytis and Alytus senior artist A. Stankevičius, created the first arrangement of metal plastic sculptures in Lithuania, which give the Jaunimas park a unique look due to their bright colours and have a decorative and a functional purpose. The sculptures invite to look at them, develop the aesthetical taste, nurture the imagination, and the children are drawn to play. The park is suitable for both public cultural events and peaceful recreation. You will find playgrounds, chess, sports, skateboard and roller-skate courts, marked bicycle paths here. The park is illuminated. Racewalking and running competitions are held here.

Garden of the town. In the very center of Alytus you will find the Garden of the town famous for its rosegarden, it was started in the 30's of the last century. An interwar fountain with a basin where there used to be gold fishes and lilies is still standing. Here you can also find European yews that are rare in Lithuania, in spring you can enjoy a Japanese magnolia blooming by the fountain. There are 55 types of trees and bushes in the Garden of the town. The Garden of the town connects to the Kurortas park through Freedom Angel (Laisvės Angelo) square. The park is illuminated.

The Old Town Square is located by Bažnyčios street and Alyvų path. Before WWII residential, trade and craftsmen houses stood here but they were destroyed during the first air raid of the Germans. After the war the houses were not rebuilt and a square was formed. In 2012 the square was reconstructed. The new colourful fountain bears the poem of Jurgis Kunčinas. The square is illuminated.

Kurortas park was created in 1931 in a natural pinewood. The park has playgrounds, benches. Paths lead to the Large and Small Dailidė lakes formed in the wash of the Nemunas. Nearby you will find a beach, a wooden water terrace, pier, leisure courts, benches, bicycle paths go around the lake. The paths of Kurortas park lead from the stadium of the town to the Valley of Songs (Dainų slėnis), where you will find a spectacular view to the two-hill Alytus mound. Here a bicycle and pedestrian bridge over the Nemunas is constructed.

Likiškiai park is one of the youngest parks of the town, it was started in 1994. The highest hill (165 m) in Alytus is located in the park, and from it you will see an excellent panorama of the town. By the park stands a monument to Lithuanian soldiers who died in 1979–1989 in the Afghanistan War. An oak forest has been planted to commemorate these people.

Vidzgiris Forest (452 ha) is located in the territory of Alytus town. It is a botanical reservation, where you can find broad-leaved and ravine and slant forests, hornbeams, oaks, rare plants of high botanical value, many protected species of animals. Nature lovers and wanderers will find an ecologic path from the Radžiūnai mound. Orienteering and mountain cycling competitions take place in Vidzgiris Forest, in winter the residents come to ski.









Alytus City Municipality

Rotušės a. 4, LT-62504Alytus Tel. +370 315 55 111 E-mail: info@ams.lt www.alytus.lt

Alytus City Municipality Administration Sports and Recreation Division

Tel. +370 315 55 153



Alytus Tourism Information Centre

Rotušės a. 14A, LT-62141 Alytus Tel. +370 315 52 010 E-mail: info@alytus-tourism.lt www.alytus-tourism.lt



Photos by D. Jakubauskienė, A. Plonytė, Z. Stankevičienė, Z. Šilinskas as well as from the archives of Alytus City Municipality, Alytus Tourism Information Centre and sports bases.











